

# Greater Cincinnati Emmaus and Chrysalis Community News

March, 2015

"As they talked and discussed these things with each other, Jesus himself came up and walked along with them."  
Luke 24:15

## A Message from the Community Lay Director



### One body, one community and one Lord.

I have seen the power of unity through the Holy Spirit's work in the Emmaus movement. On the many walks I've participated as a team member, I've seen God break down barriers of individuals to Himself, people to others and between people of different cultural backgrounds. For Christ is our peace, "making the two one and has destroyed the barrier, the dividing wall of hostility." Eph 2: 14

I looked up unity in the dictionary. It defines the word as follows: to make into or become a unit, consolidate. A few years ago, we filed for non-profit status and incorporated our community as: Greater Cincinnati Emmaus and Chrysalis Community, Inc. We need to be unified in our respective church's and in ministry. In our Emmaus community we are one, whether you've been through Chrysalis or Emmaus.

To that end, I've made it my mission this year to recognize that our community is made up of many colors - De Colores! Emmaus is non-denominational made up of many church backgrounds. But more than that, we are made up of all ages. Our community spans from teenagers aged 15 to 90 something's. Did you ever stop to think that Chrysalis is Emmaus and Emmaus is Chrysalis? In the eyes of the Upper Room, Chrysalis does not generally exist without an Emmaus community. The Upper Room defines Chrysalis as the primary outreach of an Emmaus community.

So, here's the tough question - Have you been involved in our **PRIMARY OUTREACH**? Have you served on a team, served a meal, prayed or attended Candlelight or closing? How should our Flights be viewed? When we have Emmaus Walks we are fully engaged. When Chrysalis Flights occur, how much are we engaged? We have 5 Walks in 2015 (three left this year) and 4 Chrysalis Flights (including two this summer). If we are serious about strengthening our spiritual community, we need to be fully engaged in our community and both Walks and Flights. Emmaus Walks generally fill up with pilgrims, but for some reason Chrysalis weekends struggle to find full weekends. How can that be? Are the youth in our families and churches not in need of spiritual renewal or awakening?

Here's what you can do to strengthen Emmaus and especially our outreach ministry of Chrysalis. Sign up to pray and volunteer for weekends. Attend Candlelight and Closing. Write letters of agape. Make agape. BUT, weekends don't happen without pilgrims or caterpillars (future Chrysalis butterflies).

Start thinking right now who you can sponsor on the next Flight. Don't wait until a few weeks before. If you need help for outreach or materials, contact me or anyone on the Chrysalis Board ([www.cincinnatiachrysalis.com](http://www.cincinnatiachrysalis.com)). June 26 or July 24 are the dates of the Young Women and Young Men's Flights. Our intent is to fill these weekends and change hearts, giving them our full attention. These are the future of the church and these Flights are our Emmaus Walk's for our young people. So, I'm asking you now, just like on the Sunday of your Walk/Flight: What did this weekend mean to you (or what does this ministry mean to you); and What are you going to do about it?

Jeff Markovic  
Greater Cincinnati Mens Walk #51  
Table of Micah

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# Women's Walk #114

## March, 2015

Please remember to keep these sisters in your prayers so that their hearts will be prepared and their eyes would be opened to the Lord to work in and through them. Pray also for the team members who will be the hands and feet of Jesus for these pilgrims and for each other.

PILGRIM	CHURCH NAME	SPONSOR
Chandra Brown	Citygate Church	Diane Brown
Suzu Cooke	Church of the Savior UMC	Jemma Tennant
Amy Ernst	New Beginnings Church of Belfast	Debbie Nickell
Lesia Findley	New Beginnings Church of Belfast	Lin Ladrigan
Jen Flores	Trinity UMC	Julie Peterson
Melissa Garcia	(unknown)	Jaime Mutter
Arinette Gray	First Apostolic Church	Darlene Branham
Kim Green	Cheviot UMC	Cathy Davis
Stephanie Greene	Springdale Church Of the Nazarene	Linda St. Myers
Sandra Hamilton	Christ Community Church	Ev Gillming
Mary Hilvert	Shiloh UMC	Carol Grimm
Sue Jacob	Clough UMC	Bev Kunz
Kim Kirk	Resonance Church	Ev Gillming
Lana Kittenbrink	Montgomery Community Church	Lucy Trumbull
Jennie Kuhr	St. Paul UMC	Judy Knepsheid
Rachel Lefker	Williamsburg UMC	Tracy Taylor
Tiffany Literal	First Baptist Church of Glen Este	Matt Ferguson
Shirley Mefford	First Presbyterian Church of Williamsburg	Kay Spencer
Teri Messerschmidt	Rivers Crossing CC	Pierre Paroz
Alicia Modarressi	North Presbyterian Church	Theresa Beuerlein
Donna Perros	(unknown)	Cathy Davis
Barb Phair	New Beginnings Church of Belfast	Debbie Nickell
Carlene Plasek	Shiloh UMC	Toni Eyrich
Barb Powell	Montgomery Community Church	Scott Paschal/ Bridget Murphy
Dottie Rockel	Anderson Hills UMC	Ronda Koehler
Christy Watson	First Baptist Church of Glen Este	Matt Ferguson
Betsy Williams	Trinity Community Church	Laura Saunders
Bettie Wolfer	St. Louis Catholic Church	Tracy Taylor
Melissa Woughter	First Baptist Church of Glen Este	Justin Nunner

### TEAM ROSTER

NAME	POSITION	TALK
Donna Goens	LD	Perseverance
Stephanie Tunison	SD	Means of Grace
Jill Crosswell	ASD	Sanctifying Grace
Pam Brater	ASD	Justifying Grace
Debra Handkins	ASD	Obstacles to Grace
Doug Sonneberg	ASD	Prevenient Grace
Ev Gillming	BR	
Connie Fears	ALD	Fourth Day
Bonnie Fightmaster	ALD	Priority
Laura Fightmaster	ALD	Christian Action
Renna DeBoy	TL	Grow through Study
Sue Dresch	TL	Body of Christ
Christie Fox	TL	Life of Piety
Nedra Groggins-Sage	TL	Discipleship
Barb Rebennack	TL	Priesthood of All Believers
Ronda Steffen	TL	Changing Our World
Katie Harrison	ATL	
Leslie Jewett	ATL	
Jamie Moon	ATL	
Gail Stewart	ATL	
Cherie Stober	ATL	
Beth Zins	ATL	
Nicole DeGreg	Music	
Liz Youngs	Music	
Jennie Hefflin	Log	
Carrie Krach	Log	
Mary Melville	Log	
Becky Carman	PS	
Carrie Fox	PS	





The Greater Cincinnati Emmaus Community is being challenged to step up and show their unconditional love by bringing **Agape** to the pilgrims and to not forget the team of willing servants.

If you already “do” **Agape** for Walks, bless you and keep it coming. If you have thought about it and haven’t ....**NOW IS THE TIME**. If you want to meet this challenge and don’t know where to start please call Linda St. Myers, the Agape Chair, at 513-874-0514 or email her at [lstmyers@cinci.rr.com](mailto:lstmyers@cinci.rr.com). She has over 100 ideas and would like to see much “agape” for each walk. A total of 58 pieces are needed for both Pilgrims and team.

**Important Reminders:**

**Pilgrims** receive personal agape only in Sunday Packets ~ This “Agape” should fit into a 10 x 13 envelope. If you have other gifts for a pilgrim please wait until the drive home and share it during this special time as you listen about their experience.

Please use the following layout for Agape for the Pilgrims ~ Use first and last name and mark “Pilgrim” in lower left corner. In the lower right hand corner please use an “R” or “F” to indicate Relative or Friend to assist those who are sorting the letters. It would also help if you could number 1-12 the pieces you want in the Table Envelope and the rest goes into their overflow.

Pilgrims Name	
Pilgrim	R/F

**Team members** receive personal agape at bedtime, before or after a talk, and in their Sunday Packets. Please use the following layout for Agape for Team Members ~ Use first and last name and note in the lower left corner of the envelope Thursday, Friday or Saturday night or Sunday or „Before Talk” or „After Talk”.

Team Member Name	Team Member Name
Saturday Night Bedtime	Before Talk - Name of Talk

**Clergy** - please don’t forget our clergy who have graciously given of their time to be part of a walk. Cards and notes of appreciation will let them know that we care.

Bring Agape to the Agape Room between Thursday and Saturday evening (before Candlelight) of each walk.

Agape is distributed Friday, Saturday, and through Sunday Lunch. It starts small and builds. By Sunday the goal is to have it falling off the tables. *Please consider not putting your name on the Agape you bring, because this is meant to be an expression of unconditional LOVE.*

If you would like to have your left over agape back, please mark it with your name and phone number so that we can get it back to you. Please check the box outside the Agape Room after Candlelight or before closing to pick it up. All left over Agape will be donated to Chrysalis.

DeColores!

Linda St. Myers

## Outreach News

Would you like to spread the love of Emmaus at your home church? Outreach would love to come and visit with your Pastor about sharing Emmaus with your fellowship community. If you would willing to see if your Pastor would be interested in talking with Outreach, we would to come and share the Emmaus experience!

De Colores,  
Annise Anderson & Chris Khwais



## Want to be on a Live-in Team?

Riddle – when does 4200 equal 20? The answer is.....it doesn't. There are approximately 4,200 names in our Greater Cincinnati Emmaus database from which prospective team members are chosen. For each Walk, we need 20 live-in team members, one of which is clergy. Selecting those prospective members is a very difficult task. True, the database does make it easier, but if folks don't update their information, we simply won't know who is interested and involved.

If you would like to be considered for a Team, there are three distinct ways to increase your chances of being called, keeping in mind the 4200 to 20 rule:

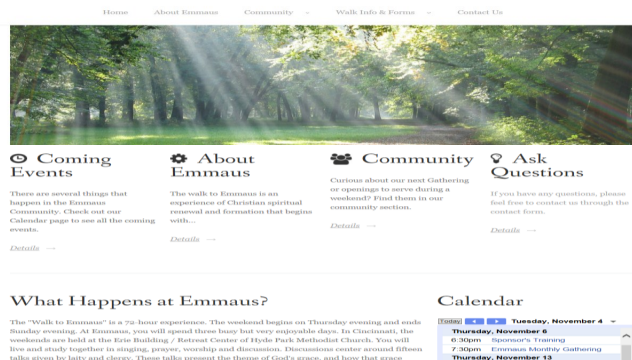
1. **Update your database info** if you have not already done so. You can do this by going to <http://gce.inetmember.com> . Log in using your email address, entering password of gcegece, then check your info. You will be required to change your password after you login. Note: if your email address is not on file, send notice to Lori Markovic at [lmarkovic7@gmail.com](mailto:lmarkovic7@gmail.com) and she will send you details.
2. **Sign up to help with Walk job boards and prayer boards.** These signups are checked before final team prospects are chosen. Attend Gatherings, Candlelights, and Closings. And sponsor Pilgrims. The more you are involved, the more Leadership knows you are active.
3. **Fill out an application to serve on a team.** You can find this on our community website - [http://www.cincinnatiemmaus.org/pdfs/application\\_to\\_serve.pdf](http://www.cincinnatiemmaus.org/pdfs/application_to_serve.pdf). You may also sign up on the lists available at monthly Gatherings.

Again, just because you have completed the 'tasks' shown above, it doesn't mean that you will be contacted to serve on a live-in team. With four Walks a year, that is only 80 team members needed out of a pool of 4200 potential servants. It is important, though, to let the community leadership know that you are interested in serving. If we don't know you are interested, chances are very good you won't be selected. But even if you aren't contacted right away to serve on a team, do consider serving in a behind-the-scenes role. As you know, it takes over 200 people to make each Walk "the best one ever," so we need YOU and your willingness to serve as you were served when you were a pilgrim.



## IT OUT!

We recently launched a new website. It has a fresh, modern look. The address is still the same, but the "home" has been remodeled. Visit the new site at [www.cincinnatiemmaus.org](http://www.cincinnatiemmaus.org)  
To the right is a snapshot of what you will see there.



## Chrysalis News and Notes



"Chrysalis" is the name chosen for the youth and young adult version of The Walk to Emmaus, its parent movement, because it symbolizes the spiritual growth that is essential between adolescence and adulthood. That growth is as crucial for youth as the cocoon is for the caterpillar. It is that precious time of nurturing a person's faith for discipleship. Get more info at

<http://www.cincinnati-chrysalis.com/>

### Upcoming Chrysalis Flights:

Young Women's #47, June 26-28, 2015  
Young Men's #44, July 24-26, 2015

Milford First United Methodist Church  
541 Main Street, Milford, OH 45150

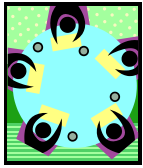
Give a young person the gift of "flying with Christ" on a Chrysalis flight. Be a sponsor!



## And Just a Few Friendly Reminders.....



The Walk to Emmaus is considered to be a cloistered environment for the pilgrims. We ask that no one take photographs or make audio or video recordings of any weekend event, including but not limited to Candlelight and Closing. This is in accordance with policy established by the Upper Room. Please respect the privacy of the pilgrims during these special moments of the Walk.



If you have never served on a weekend live-in team or if it's been a while and you want to serve in this capacity, submit an application. Just go to our website, [http://www.cincinnatiemmaus.org/pdfs/application\\_to\\_serve.pdf](http://www.cincinnatiemmaus.org/pdfs/application_to_serve.pdf), print the application and send it in as indicated at the bottom of the form.



Training to be an Emmaus sponsor is easier than ever! Before you sponsor someone for a Walk, contact Janet Steele, Education and Sponsor Training, through email ([jms@iac.net](mailto:jms@iac.net)) or phone (513-560-4912). You'll receive by email a packet of information to review; after reading it, contact Janet to go over the finer points of good and wise sponsorship. Training can also be



We are still accepting donations of new or gently used books for the agape book table. Bring them to any gathering or candlelight or contact Linda St. Myers at [lstmyers@cinci.rr.com](mailto:lstmyers@cinci.rr.com) or 513-874-0514 to make other pick up or drop off arrangements.



Community volunteers for Friday breakfast and Friday lunch are asked to park on the side streets surrounding the church. The church's preschool is in session on Fridays during Walk weekends, and the church has asked that we leave the parking lot for parents and school staff. The lot will continue to be available for parking during Candlelight and Closing.

## CHILDCARE

Childcare is available for Candlelight, Closing and Gathering events. The cost is \$5.00 per child per event. Make reservations at least 48 hours before the event.

Cancellations must be made no less than 24 hours before the event. For reservations, contact Rebecca Homan at 513-979-8193 or by email at [rhoman@hpcumc.org](mailto:rhoman@hpcumc.org).

You will need to provide your name, phone number, and the name and date of the event for which you need child care. You will also need to provide the names and ages of your children.

Payment is due at the time of the event.

## Hey Sponsors! It's Never Too Early!

Our next walks seem like a long way off (see dates on page 6), but they will be here before we know it. If you are praying about inviting someone to attend a Walk, now is the time to plant the seed. Don't wait until just a few weeks before the Walk date to issue the invitation. Many prospective pilgrims need time to prepare and to coordinate such things as time off work, childcare, appointments, and so forth. They don't need to feel locked in simply because they submit an application early and pay the \$25 deposit. If something comes up, we can hold the deposit for a future Walk.



2015 Board of Directors <i>Worshipfully Working Together</i>		
Position	Name	Phone
Agape	Linda St. Myers	513-874-0514
Chrysalis Lay Director	Andy Dodds	513-708-4961
Community LD	Jeff Markovic	513-260-4783
Community LD Emeritus	Ev Gillming	513-831-4540
Community SD	Rod Fightmaster	513-508-4147 cell
Community ASD	Bob Clo	419-270-1604 cell
Education	Janet Steele	513-560-4912 cell
Good Shepherd	Jack Gillming	513-831-4540
Historian	Brian Pickens	513-484-6059
Leadership Chair	John Groth	513-265-0735
Logistics	Lori Markovic	513-260-4784
Men's Registrar	Jennie Heflin	513-560-5331 cell
Newsletter	Bridget Murphy	513-349-8148 cell
Outreach	Annise Anderson	513-961-0621
Outreach	Chris Khwaja	513-304-8201 cell
Secretary	Les Sper	513-398-9280
Social	Robin Shehan	513-474-2708 or 513-205-5608
Social	Bev Haun	513-581-5380 cell
Supplies	Sharon Wright	513-404-0456 cell
Treasurer	Susan Wisner	513-561-3156
Webmaster		
Women's Registrar	Peggie Hughes	513-479-1362
Women's Registrar	Sandy Hauser	513-941-8060
Worship	Todd Whitman	513-439-4394
Worship	Kimberly Heileman	513-349-4612
Hyde Park CMUC Liaison	Sharon Michaelson	513-761-5571

## 2015 CALENDAR

### Upcoming Emmaus Walks

Women's Walk #115, Aug 13-16, 2015

Men's Walk #97, Sep 17-20, 2015

Women's Walk #116, Oct 15-18, 2015

Board Meeting, ~~Monday~~, March 16, 6:30pm

Gathering, April 2, 7:30pm

All Emmaus events take place at

Hyde Park Community UMC

1345 Grace Avenue

Cincinnati, OH

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Sponsor training before Gatherings—6:30 in the parlor

Please make childcare arrangements before attending Candlelight and Closing. It is inappropriate for children to be present at these services. See page 4 for details on using our coordinated childcare.

Christ is Counting On You!



ADDRESS SERVICE REQUESTED

(513) 871-1345

Cincinnati, OH 45208

1345 Grace Avenue

Hyde Park Community United Methodist Church

Greater Cincinnati Community

**Emmaus**

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